OSMOSIS is now available at YOUR SCHOOL!

- Learn more and forget less
- Access 1,200+ medical videos
- Go beyond medical lectures

Get started today!

Sign up at OSMOSIS.org with your school email
Get started with the Osmosis Learning Loop!

1. Watch an Osmosis video (and create a playlist)
2. Read the High-Yield Notes
3. Stick with it to improve your knowledge and retention!
4. Repeat over the next week
5. Review with a Flashcard Quiz
6. Next day, quiz yourself on the same material using Spaced Repetition

Got questions? Visit the Osmosis Help Center (https://osms.it/help) or email support@osmosis.org